

# Hicksville Baseball Association

## Boy's Instructional

### SAFETY AND UNIFORMS

1. All players must wear protective cups during games and practices.
2. All batters and base runners must wear batting helmets at all times.
3. The on deck position is not allowed. Only the batter may have a bat in hand.
4. The Instructional Division will use the RIF ball.
5. Each player will receive a team shirt and cap.
6. No player will stand or sit within 10 feet of the pitching machine. If a pitcher is used, the same rule applies.
7. A player with ability should be rotated. (Safety First)
8. We will try to limit each team to 12 players.

### FIELD SET-UP

1. The pitcher's rubber is 30 feet from home plate and the bases are 45 feet apart.
2. Home team must pick up pitching machine and generator, bases and tee from shed at the main complex.
3. Bases will include an orange base for a double first base for safety reasons.
4. There are three main instructional fields, 1,2 and 3, but we will use other fields also.

### FIELDING

1. There will be ten fielders with four outfielders. No child will sit more than one inning.
2. First baseman will tag the white base, not the orange base.
3. Managers and coaches will be permitted on the field of play while their team is fielding.
4. One-half of an inning consists of three outs or five runs.
5. A game consists of five innings of play or a one hour and forty-five minute time limit. Take time throughout the game to teach the boys.
6. Infield alignment should be consistent with normal baseball. No extra infielders. Extra players will play in the outfield using at least four outfielders.
7. All players should play 2 innings in the infield.

### BASE RUNNING

1. There is no leading, stealing or infield fly rule.
2. No head first sliding.
3. Feet first is permitted, but not recommended.
4. Play stops when the pitcher has the ball.
5. No runners advance on overthrow.
6. Batters running to first base should use the orange base. Do not call a player safe or out because they touched the wrong base.

## HITTING

1. Universal batting order applies.  
Each batter will get five swinging strikes. After the fifth swing, a tee will be used until the batter puts the ball in play.  
The batter cannot get more than a double.
4. Keep the players on the bench to cheer their teammates. A large blanket substitutes well for fields without a bench.  
Coaches should advise opposing teams of players who have advanced hitting skills.

## PITCHER

1. We will use a pitching machine and generator in the Instructional division.
2. The coach or parent will pitch overhand, if, necessary, to their own from the pitcher's mound. NO underhand pitching.

## CATCHERS

1. Every team will have full catcher's equipment and will field a catcher hi every game.

## MANAGERS & COACHES

1. Both teams should arrive at their field 20 minutes prior to game time. Home team manager should be there % hour before to set up field.
2. Managers and coaches should stress good behavior and sportsmanship of players.
3. Recruit a "team mother" to supervise bench behavior.
4. The bench area should be cleaned when your game is over.
5. There will be no standings. Do NOT call scores to the Director.
6. Managers will maintain a score book and record player performance to aid in their end-of-year player evaluations. This will permit the development of balanced teams during the following season for boys advancing to the Farms Division. The ratings are as follows: (3) Excellent, (2) Good, (1) Satisfactory. This evaluation is based upon; athletic ability, hitting, fielding, throwing, base running, and baseball knowledge.
7. Evaluations:
  - a. Evaluation forms will be given out at the draft.
  - b. Evaluation forms will be handed in on the first Friday hi June.